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# **Revision Arthroplasty for Periprosthetic Fracture After TKA**

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# Disclosures

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**Fellowship Support – Arthrex**

**Fellowship Support – Smith & Nephew**

**Associate Editor – Orthopaedic  
Journal of Sports Medicine**

**Editorial Board – American Journal of  
Sports Medicine**

**Editorial Board – Journal of Knee Surg.**

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# Periprosthetic Fracture

0.1 – 2.5% of  
Primary TKAs

## Risk Factors

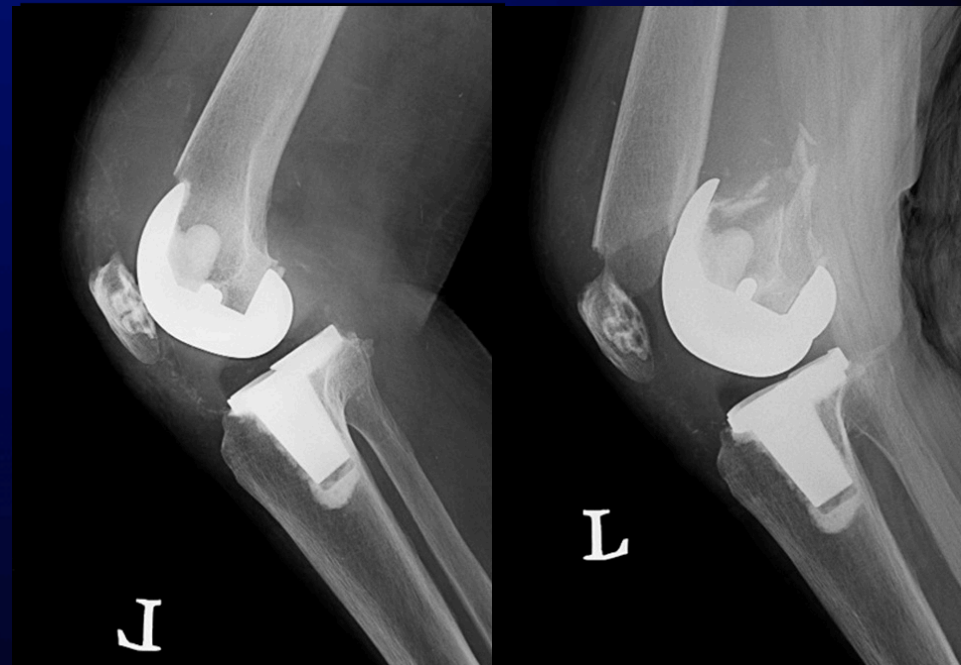
Female

Age > 70

Revision

Rheumatoid Arthritis

Femoral Notching



Meek, JBJS-B 2011  
Windhager, Int Ortho 2016

# Periprosthetic Fractures

**Distal Femur  
Fracture  
More Common Than  
Proximal Tibia  
Fracture  
Stem/Keel Components**



**Kim, Clin Orthop 2006**



# Treatment

**Location of Fracture**

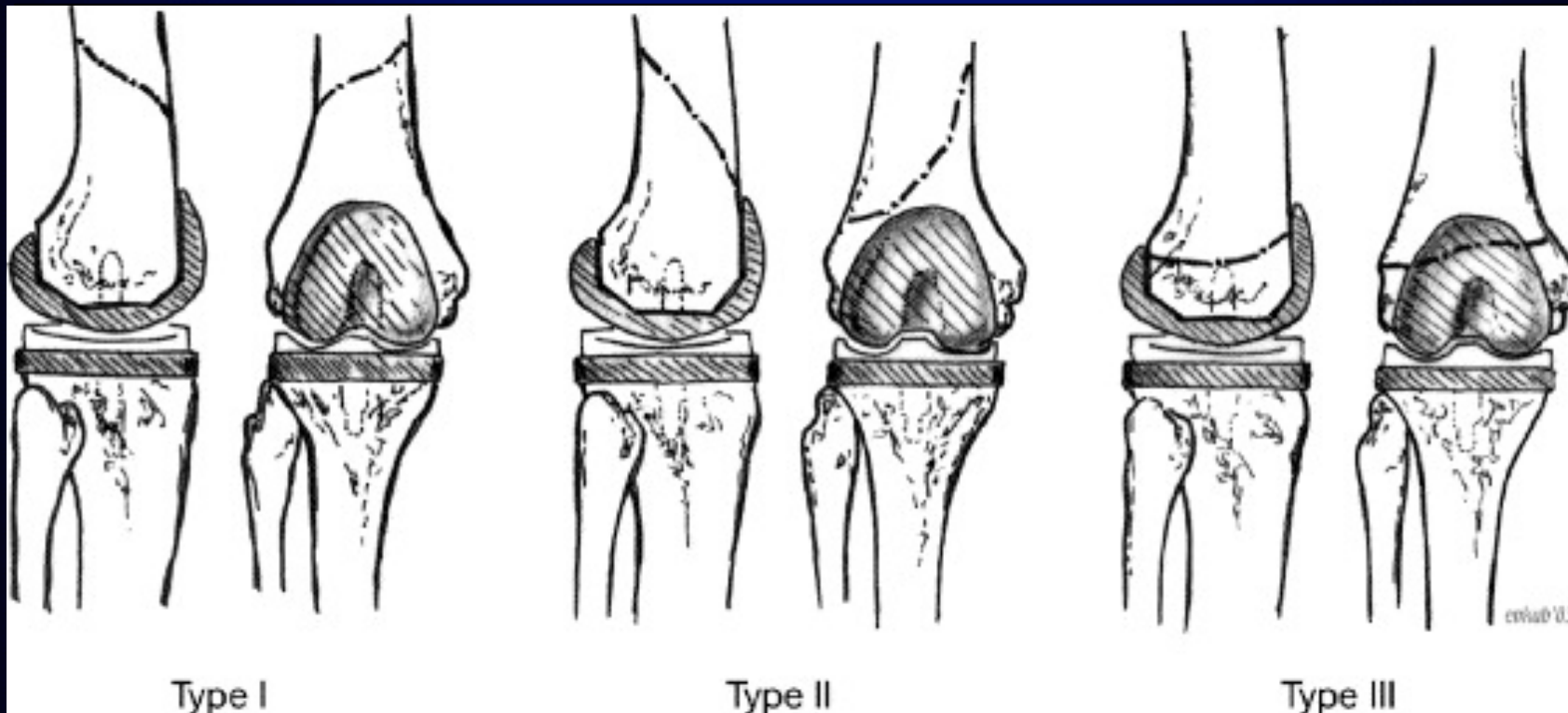
**Type of Prosthesis**

**CR vs PS**

**Stability of TKA**



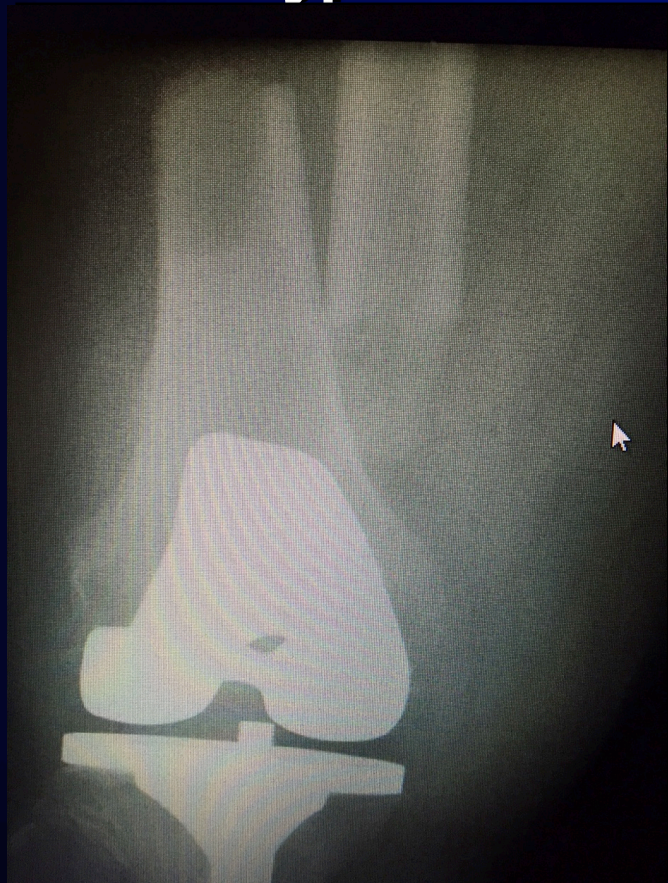
# Supracondylar Classification



Su, JAAOS 2004

# Supracondylar Classification

Type I



Type III



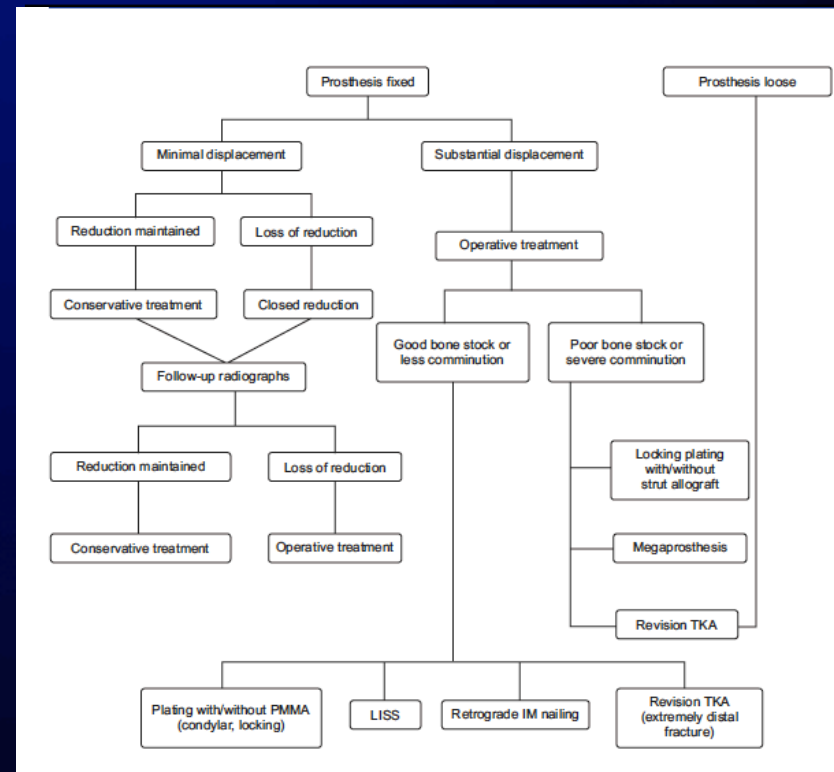
# Supracondylar Fracture Treatment Options

ORIF

IM Nail

Revision TKA

Distal Femoral Arthroplasty



Yoo, Knee Surg Rel Res 2015

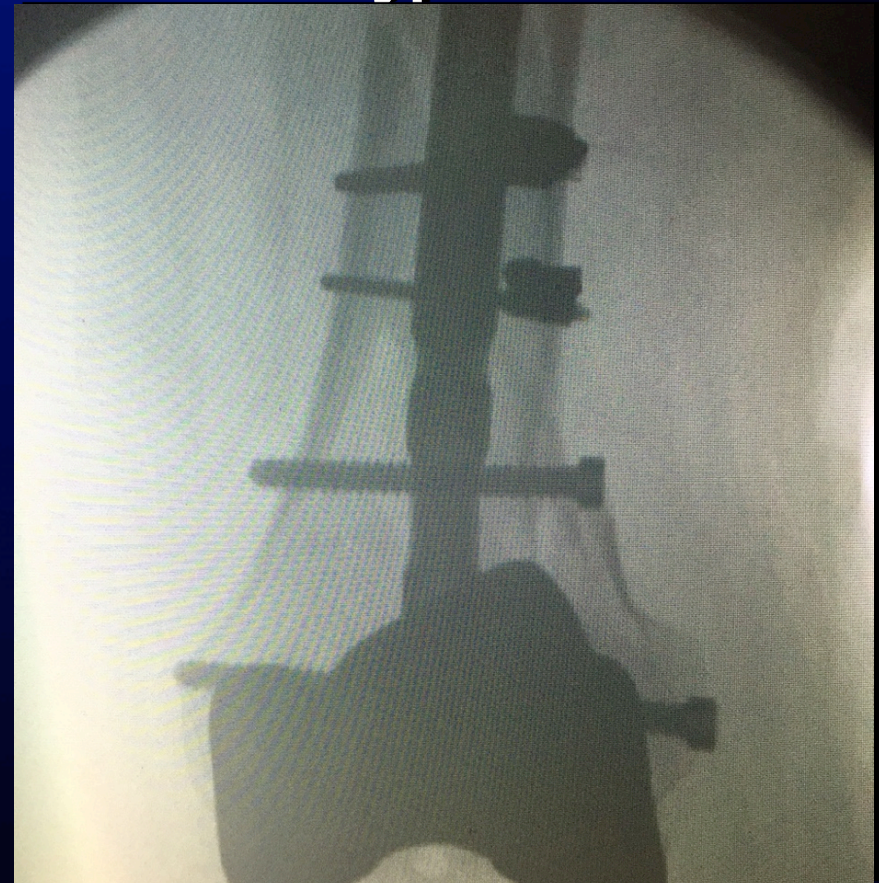


# ORIF

Type I



Type III



# Proximal Tibial Classification

Major Anatomic Pattern	Subcategory
I. Tibial plateau	A. Well fixed prosthesis
II. Adjacent to stem	B. Loose prosthesis
III. Distal to prosthesis	C. Intraoperative
IV. Tibial tubercle	

Reproduced with permission from Felix NA, Stuart MJ, Hanssen AD. Periprosthetic fractures of the tibia associated total knee arthroplasty. *Clin Orthop Relat Res.* 1997;345:113–124.

Anteroposterior                      Lateral

Felix, Clin Orthop 1997



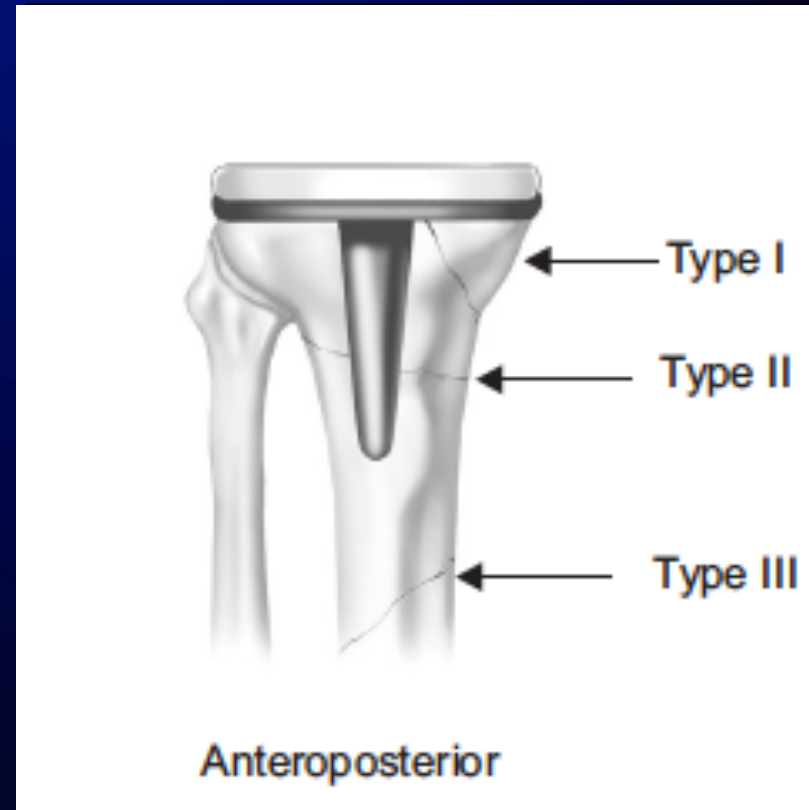
# Proximal Tibia Fracture Treatment

Type I      Revision  
w/ Augment

Type II      Non-op  
or Revision

Type III      ORIF

Type IV      ORIF



# Evaluation

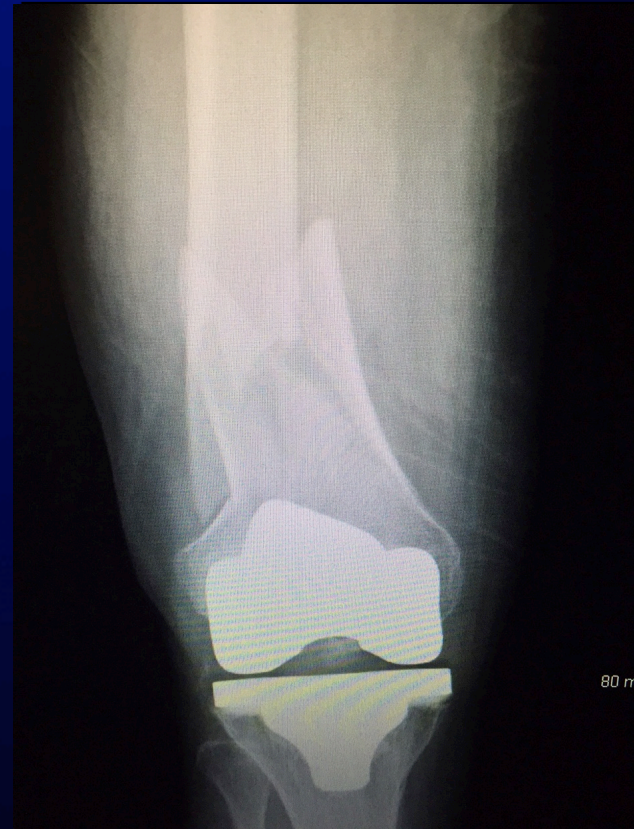
**Radiographs**

**Traction Films**

**Bilateral CT-Scans**

**Assess Rotation**

**Infection Labs**



# Treatment Considerations

**Soft Tissues**

**Bone Stock &  
Comminution**

**Implant Availability**



# Bone Stock

**Decide Whether  
To Incorporate  
Bone Fragments  
Or  
Remove/Replace**





# Implant Availability

**Revision System**

**Augments**

**Metaphyseal Sleeves**

**Rotating Hinge**

**Distal Femoral  
Replacement**



# Distal Femoral Replacement

**Advantages  
Over Allograft  
Composites or  
Bone Augmentation**

**Early Mobilization  
Full Weight Bearing  
No Graft/Host Healing**





# Technique

- **Incision**
- **Exposure**
- **Restoration of**
  - **Joint Line**
  - **Length**
  - **Rotation**
- **Fixation of Components**

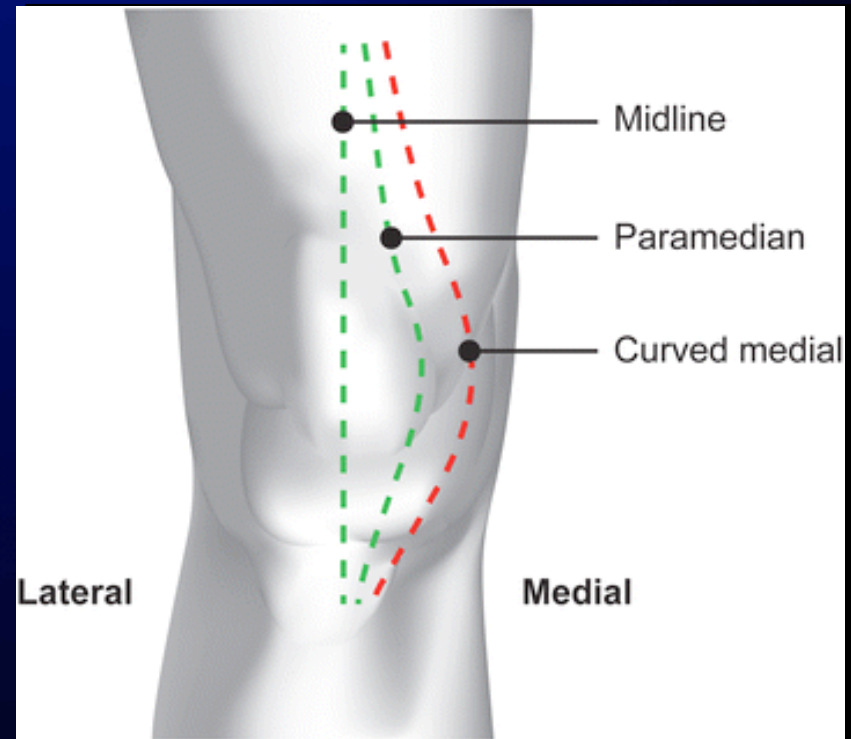


# Skin

**Previous Incisions  
When Possible**

**Midline/Parapatellar  
Up to 10cm Resection**

**Lateral  
Large Resections**



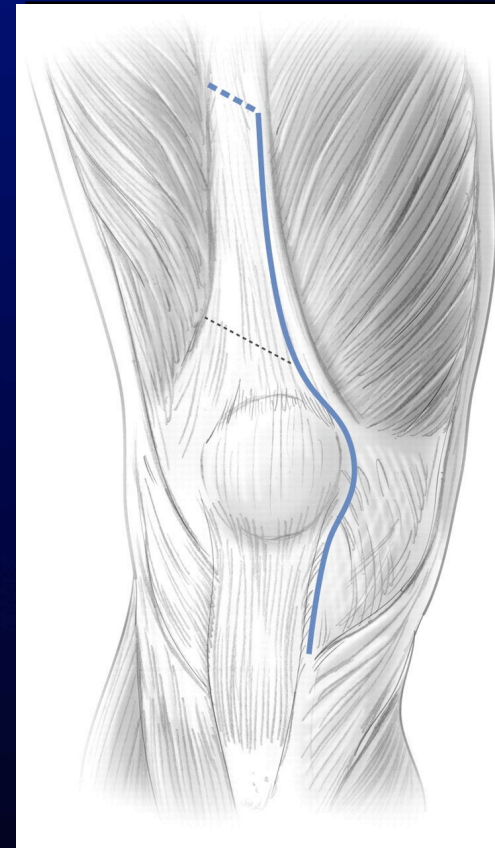
# Exposure

**Synovectomy**

**Medial Release**

**Quadriceps Snip**

**Tubercle Osteotomy**



# Tibial Component

**Remove Old  
Components**

**Restore Joint Line**

**Fibular Head  
Patellar Position**



# Proximal Tibial Replacement

**Resect All  
Osteolytic Bone**

**Restore Length**

**Patellar Tendon  
Reattachment**



# Revision Femoral Component

**Augment Resected  
Bone**

**Hinge for Stability**





# Distal Femoral Replacement

**Level of Resection**

**Restore Length**

**Restore Rotation**



# Component Fixation

**Tibial Plateau**

**Cement**

**Tibial Stem**

**Cementless +/- Sleeves**

**Femoral Stem**

**Cement/Cementless**

**+/- Sleeves**



# Post-Operative Care

**Early Weight Bearing**

**Early  
Range of Motion**

**Medical Care**



# Outcomes

**8 Studies**

**144 DFA or PTR**

**Mean Age = 68-81**

**F/U = 6 – 58 Months**

**KSS Scores Improved**



**Windhager, Int Orthop 2016**



# Complications

**Mortality**

6.6% - 45%

**Revision Rate**

0 - 55%

**Infection**

**Fracture**



# Summary

**Revision TKA For  
Periprosthetic  
Fracture is an Useful  
Option for a  
Desperate Situation  
Debilitated Patients  
Technically Demanding  
High Complication Rate**





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# Summary

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**“Considering the High Complication Rate, the Difficult Management of Patients with Several Comorbidities and the Highly Demanding Operation Technique, Treating PPF After TKA Using Megaprotheses Should be Reserved for Specialized Centers Only”**

**Windhager, Int. Orthop 2016**

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# Thank You !!

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